



## PEAK CHALLENGE

### Conditioning Hike #4

## Kelso Mountain

## July 18, 2009



**Date:** Saturday, July 18  
**Time:** 7:00 am, please arrive 10 minutes early for check in, be ready to climb  
**Location:** From Denver, head west on I-70 past Georgetown. Exit at Bakerville (#221). Park at the far west area and meet team to carpool up the last 3 miles due to rough roads. Expect about 1hr drive time from Denver.  
**Length:** Approximately 5 miles round trip  
**Elevation:** Starting 11,230' Ending 13,164' *Elevation Gain:* Approx. 1,934'  
**Leaders:** John Smrcka

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*Please let us know if you need to cancel. Remember that your practice climb leaders have volunteered their time to do this. **RSVP** to Jamie at 303.237.6865 x10 by July 13 **BEFORE 4PM**. If an emergency arises after these hours please call Jamie at 303.582.4147 (c), prior to the hike so she can let the leaders know you will not be there.*

Dear Peak Challenge Participant,

Our fourth conditioning hike, up Kelso Mountain, is scheduled for Saturday, July 18, 2009. Your leader for the day will be John Smrcka. Even though Kelso Mountain is right in the backyard of Denver, not many people seem to ever climb it. This is probably because it lies in the shadow of both Grays and Torreys Peak – in fact, the hike starts from the very same trailhead!

Please notify all members and potential members of your climbing team so that they may sign-up to attend at least one practice climb. Remember that all climbers must attend at least one conditioning hike unless the requirement is waived by your leader. We encourage you to sign up as an alternate for as many hikes as possible so that you will be prepared when Peak Challenge weekend arrives (August 1 & 2).

Please come prepared for a moderate to strenuous day hike. The “10 essentials” listed in the Peak Challenge handbook is a great reference for what you will need. (contact your leader if you haven’t reviewed/received the handbook). In addition, each climber should bring 2 or 3 quarts of water and a lunch. Fruits and other snacks will be provided after the climb. It is important to get your climbing pack together well before Peak Challenge weekend so that you can get used to hiking with the weight. Be sure to dress appropriately, with waterproof hiking boots and layered clothing.

**REMINDER:** If you have not yet contacted your leader, please do so as soon as possible. They will play a vital role in assisting your group with the logistics of Peak Challenge, as well as events prior to the weekend climb. **Do not forget to fax (303-237-6873) or mail your signed waiver** indicating your training climb peak(s) and sponsored peak, prior to your first climb.

If you have any questions or need more information, please contact Jamie Sachtjen at 303-237-6865 x 10 or [Jamie.sachtjen@griffithcenters.org](mailto:Jamie.sachtjen@griffithcenters.org).

**NO DOGS OR CHILDREN UNDER 18 ARE ALLOWED ON CLIMBS!!!!!!**