



PEAK CHALLENGE
Conditioning Hike #5
Mt. Spalding
July 25, 2009



- Date:** Saturday, July 25
Time: 7:00 am, please arrive 10 minutes early for check in, be ready to climb
Location: Take the Georgetown exit off Interstate 70. Drive through Georgetown and follow the signs for the Guanella Pass scenic byway through Georgetown. Drive 12 miles to the top of the pass and park in one of the two large paved parking areas on either side of the road. The trail starts near the parking area on the east side of the road. The upper parking area has restrooms. **PLEASE DON'T BE LATE!!**
Length: Approximately 7 miles round trip
Elevation: Starting 11,669' Ending 13,842' *Elevation Gain:* Approx. 2,511'
Leaders: Debbie Rhuby
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Please let us know if you need to cancel. Remember that your practice climb leaders have volunteered their time to do this. **RSVP** to Jamie at 303.237.6865 x10 by July 20th BEFORE **4PM**. If an emergency arises after these hours please call Jamie at 303.582.4147 (c), prior to the hike so she can let the leader know you will not be there.

Dear Peak Challenge Participant,

Our fifth conditioning hike, up Mt. Spalding, is scheduled for Saturday, July 25, 2009. Your leader for the day will be Debbie Rhuby. Mt. Spalding sits just north of Mt. Evans. Its southwest side connects to the Sawtooth Ridge between Evans and Bierstadt. The hike will be mostly off-trail, uneven grassy and some rocky terrain.

Please notify all members and potential members of your climbing team so that they may sign-up to attend at least one practice climb. Remember that all climbers must attend at least one conditioning hike unless the requirement is waived by your leader. We encourage you to sign up as an alternate for as many hikes as possible so that you will be prepared when Peak Challenge weekend arrives (August 1 & 2).

Please come prepared for a moderate to strenuous day hike. The "10 essentials" listed in the Peak Challenge handbook is a great reference for what you will need. (contact your leader if you haven't reviewed/received the handbook). In addition, each climber should bring 2 or 3 quarts of water and a lunch. Fruits and other snacks will be provided after the climb. It is important to get your climbing pack together well before Peak Challenge weekend so that you can get used to hiking with the weight. Be sure to dress appropriately, with waterproof hiking boots and layered clothing.

REMINDER: If you have not yet contacted your leader, please do so as soon as possible. They will play a vital role in assisting your group with the logistics of Peak Challenge, as well as events prior to the weekend climb. **Do not forget to fax** (303-237-6873) **or mail your signed waiver** indicating your training climb peak(s) and sponsored peak, prior to your first climb.

If you have any questions or need more information, please contact Jamie Sachtjen at 303-237-6865 x 10 or Jamie.sachtjen@griffithcenters.org.

NO DOGS OR CHILDREN UNDER 18 ARE ALLOWED ON CLIMBS!!!!!!